



Kansas City Prime Timer

May 2010

. Your PTKC 2010 Officers

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President's Corner

Hi Guys

April is always my favorite month. A special thanks to Clay Miller for hosting a great Gayme Night. Thanks to all of you who came to dinner at the White House. I hope you all enjoyed our guest, Wayne Courtois. I sure did. We have had some great get-togethers at The View this month. It is great start to the weekend. Make plans for Pride Fest the first week of June.

Our semi-annual meeting will be May 7th at The View. I would like to have a discussion about communications and ways to grow the membership. A discussion of desired activities will be entertained. We will meet at 6:00 with dinner immediately after.

There is always something to do in Kansas City. The KC GLB Community Center is a great resource to find out what is happening within the community. Read The Pitch for all kinds of entertainment and restaurant reviews. If you see something that might interest others or you would like someone to go with, use the roster to let us all know. Getting old can be lonely, but it doesn't need to be.

If you can host pot luck, movie night or game night let me know. You will have any help you need to make the event happen.

I read in one of the other Prime Timer newsletters they were having a Chapter Garage Sale. Do we have any interest in cleaning house? It takes some time, work and planning.

Hope to see you all really soon

Hugs

David

Happy Birthday

Bob Deal - May 14

MAY EVENTS

MAY 1— MOVIE NIGHT AT DAVID AND ROGER'S. 7:00 P.M. BRING SNACKS. RSVP TO ROGER 913-262-4919

MAY 7— SEMI-ANNUAL CHAPTER MEETING AT THE VIEW ON THE HILL, 5:00 P.M. FOLLOWED BY DINNER. RSVP TO DAVE SHUBKAGEL AT 816-361-7769 OR EMAIL HIM AT DSHUBKAGEL@YAHOO.COM

MAY 14— DINNER AT VIEW ON THE HILL, 6:00 P.M.

MAY 15 — BREAKFAST AT OUT OF BOUNDS, 3601 AND BROADWAY, 9:00 A.M. RSVP TO BILL HENDERSON— 816-427-7080 OR EMAIL HIM AT IIMYAGMAN5920@YAHOO.COM

MAY 16— SUNDAY LGCKC PICNIC AT SWOPE PARK SHELTER #7. 11:00 A.M. TO 3:00 P.M. BRING A SIDE DISH OR A DESSERT. HOT DOGS AND DRINKS PROVIDED BY LGCKD.

MAY 21 DINNER AT THE VIEW ON THE HILL— 6:00P.M. FOLLOWED BY A WALKING TOUR OF THE CROSSROADS ART GALLERIES. RSVP TO DAVID S. 816-361-7769. OR EMAIL HIM AT DSHUBKAGEL@YAHOO.COM

MAY 30 — SUNDAY—K.C. SYMPHONY OUTDOOR MEMORIAL DAY CONCERT AT THE UNION STATION. WE WILL MEET AT BILL HENDERSON'S AND CARAVAN DOWN TO UNION STA. @ 4:00 P.M. WE WILL HAVE A PICNIC AT WASHINGTON PARK AT 5:00 P.M. BRING YOUR CONTRIBUTION TO THE PICNIC PLUS YOUR FOLDING CHAIR OR BLANKET & DRINKS FOR THE CONCERT.

April Activities

April 3 was "Gayme" night at the home of Clay Miller. This reporter did not attend this event, so all you read here is second hand and subject to verification.

We (editorial "we") were reliably informed that Jorge taught a group how to play Casino. No word whether anyone won the jackpot.

There was also another table playing a different game. What game it may have been was left unsaid.

From what we can tell, this was a successful event and we will be having other Gayme nights in the future.

April 10 was the date when we Met the Author. The author in this case was Wayne Courtois, an acquaintance of our reporter's for many years.

Wayne is a native of Maine lived in New York City for a period and he came to Kansas City years ago where he met Ralph Seligman and they became life partners. Wayne has written three books and some short stories. His most recent book was *A Report from Winter* which is a memoir. Another of his books is *My Name is Rand*. He brought copies of both books and several of people bought copies which he signed for us.

We all enjoyed Wayne's presentation.



04/10/2010 07:03 pm
 Pres. Shubkagel demonstrates how a proper lady sits with her knees together and Wayne C. isn't getting the message. Vasu V. is peeking from behind.



04/10/2010 05:42 pm
 Roger and Jorge talk politics.



04/10/2010 06:25 pm
 Clockwise starting at 7 o'clock, an unknown back; Wayne C's obscured face; Ralph S's head; Tony B clears up dishes; Jorge M. thinks deep thoughts; Jim F. looks out the door; Jim (?) listens to the

April 17 found us having Dinner-Out at Hamburger Mary's on SW Blvd. We love this place because it's gayer than a kite, and the waiters not only are efficient but they are fun. One usually will be seen doing some kind of dance near the entrance if he doesn't have customers to wait on. The burgers are delicious and come in a large variety of permutations.



John G. sees something amiss, Tom H poses prettily, Jeff B. follows suit and Stew V. gives us a half-assed smile.



04/10/2010 05:29 pm
 A quartet of heavy drinkers, Dave C. Don L. Chuck I. and Roger W. Skoal!

On this visit there were seven of us. David S., Jorge M., Clay M., John G., Tom H., Jeff B. and Stew V.

On April 24, we had breakfast at Eggtc., one of our favorite haunts. There were seven of us again. That seems to be our lucky number. We were Clay M., Dave S., Dale S., Bill H., Jorge M., Stew V. and Chuck I. We had a great time, but sad to say, your reporter forgot to take his camera along.

HERE AND THERE

LAS VEGAS EVENT MAY 2-6

WHOO-HOO!

Early registrations are flowing in for the Las Vegas Gathering, May 2-6, so it looks like we will have a great turn-out this year. Added to the schedule is a DJ Dance MC'ed by ChubJim from Palm Springs for your entertainment pleasure after the Wednesday night Banquet. This after-hour Dance will also be open to non-registrants, so the local gay community can come meet and greet all of our special friends.

Registration is \$189 through March 31, after that, \$199. It includes an appetizer reception (cash bar) at the Imperial Palace Auto Collection; a show on the LV Strip; an all-you-can-eat buffet; as well as informational seminars, the hospitality room and a shuttle to one of the local gay bars. There are optional tours to the Liberace Museum, the Erotic Art Heritage Museum, and Red Rock State Park and Bonnie Springs Ranch, all at reasonable additional cost.

Hotel rooms are not included in the price of the event, but they hover at historic lows. When this issue went to press a Capri room at the Imperial Palace Hotel was going for \$29 per night; a Deluxe room for \$39. These are "Hot Deals" prices, so if you call the Imperial Palace to make your reservations - 866-523-2780 - be sure and tell them you want the "Hot Deals" quotes for room rates. We don't know how much longer these near record low room rates will last so we recommend you reserve them now.

To see more about the event, go to <http://www.LasVegasPrimeTimers.com> where you can also download the registration form. You can pay by check, or by Pay Pal.

TULSA, OKLAHOMA: The chapter newsletter

discusses erectile dysfunction. They tell us that the physical cause is just not getting enough blood to the area that can no longer salute. To improve, one needs to follow a diet, have plenty of exercise, and if one is on drugs (*medication!*), there needs to be a discussion with the doctor. Also, if one is a smoker, that can impair the erectile function.

Thanks to our WW Newsletter Prime Times



The Lighter Side

There was a college seminar on 'Psychic Phenomena' going on at UPenn, and the speaker decided to involve the audience. He first asked, 'Everyone who has ever seen a ghost, please stand up.'

Nearly the entire audience stood up. He then asked, 'Everyone who has ever been in the same room as a ghost, please remain standing.'

About 2 dozen people were still standing. He then asked how many people had been within 2 feet of a ghost, and 6 people were still standing.

Finally he asked, 'Anyone who has ever had SEX with a ghost, please remain standing.' Everyone sat down except this one young guy.

When the speaker asked if he had really had sex with a ghost, the guy replied, 'Oh, I'm sorry. I thought you said GOAT.'

Thanks to the Seattle Prime Timers

COME TO OKLAHOMA CITY FOR THE LABOR DAY GET-A-WAY

SEPTEMBER 2—6

PRIME TIMES FEBRUARY 2010

Labor Day weekend will be a great time in Oklahoma City. Each year, as many as 250 Prime Timers gather at the Habana Inn, the Southwest's largest gay resort, to eat, drink, work on their tans, and generally have a good time meeting old friends, and making new ones.

The five-day event kicks off Thursday, September 2, with an evening welcome reception around the pool. Friday includes a continental breakfast, an open bar happy hour, and a banquet with professional entertainment.

Saturday offers the same, with the addition of a box lunch around the pool.

On Sunday, there is a continental breakfast, a brunch, and happy hour.

Sunday evening is traditionally on your own for dinner – however, last year a group got together at the new “Boom” supper club, just a block away, for dinner and an early drag show designed especially for Prime Timers. It was popular, so we are planning it again at a very reasonable cost.

Monday features coffee and juice by the pool for early risers, then an earlier brunch to accommodate those who have to drive or fly home. Central Oklahoma Prime Timers have arranged for a free “late-out” at the Habana on Monday and Tuesday, for those who want to extend their stay.

Each year, as many as 30 members of Central Oklahoma Prime Timers volunteer their time all year to ensure that their guests have to worry about nothing but having a good time. Everything is included in the low, low package deal price of \$145 – welcome reception, continental breakfasts, two banquets with professional entertainment, three more meals, and three happy hours. If you register by July 15, the price is just \$135. If you want to select only a few of the meals, you can register ala carte for \$70, and pay for the meals individually. However, the package deal saves you \$44 dollars if you register before July 15. You are also welcome to register when you arrive – but on-site registration for the entire package will cost \$209; save your money and register before you arrive!

Your hotel room is not included in the price. The Habana will begin taking reservations **Monday, March 1 at 8:00 a.m. CST**. Call 1-405-528-2221 or 1-800-988-2221 toll-free. You increase your chances of getting through by calling the 405 area code long distance number, because the 1-800 toll free number only rings on one phone, while the other number will accommodate up to five callers at a time. Tell the hotel you are with Prime Timers, no code needed. If you want to reserve more than one room, you will need the name of the person who will occupy that room.

Come join your friends in Oklahoma City for Labor Day weekend, and enjoy the best travel bargain of the year!

QUESTIONS? OR TO GET A REGISTRATION FORM

EMAIL: PTLABORDAY@AOL.COM

Courtesy of the World Wide newsletter, Prime Times

HEALTH HINT

HEALTHY LEGS

Pretend you've never done this before, stand in front of the mirror and check yourself out. What does the shape of your belly or your hips have to do with your legs? Hey, quite a bit.

A lot of us enjoy traveling. Conversations at lunch have focused on driving trips, and many of us enjoy them. Most of us take plane trips now and then. Studies are showing that men with large bellies can have an increased risk of deep vein thrombosis (DVT) during travel times. This is a dangerous clotting condition

that often starts in the legs. There are some things everyone can do to help the situation while sitting when traveling. These will help to boost circulation:

- * Get up, stretch your legs, take a walk at least every hour or so if you can. In the plane, walk up and down the aisle if the attendants do not have the cart out. If you can't get up and walk, do the toe-wiggling and foot stretching in your seat. If driving, stop at those rest areas (as though we've never done that before either). Do a couple of walks from one end to the other. Of course, notice what is happening with whom on the periphery, and if there are bushes, but get that exercise.

- * Keep the nonalcoholic fluids flowing – water, tea, etc. - because dehydration helps the risk of DVT.

- * Smoking is never good, and increases the risk of clots while just sitting.

- * Don't constrict yourself. Don't cinch your belt as tight as you can. Also, don't cross the legs. I know it looks butch, but crossing them can also inhibit the blood flow they need.

- * If you can, give your legs a break by putting them up on something. That can depend on where you are, of course, and if you can fit your legs up on the dash while riding. Probably not, in a Miata.) But elevating them can be very beneficial. Keep in mind, your legs are what are holding you up, so to get the best service out of them don't put a heavy strain on them. To where you're going, if the distance

isn't far, walk instead of riding.

Thanks to Prime Times, our world wide newsletter.



The Lighter Side

A tall man walks into a bar, and a guy recognizes him as a Rugby player.

They start to talk and eventually go back to his place, where they continue talking. Eventually, they begin to kiss and the tall man takes off his shirt. On his arm he has a tattoo that says REEBOK.

“What's that for?” the guy questions.

“Oh, I have this so when people see me on TV, they see my tattoo and REEBOK pays me.”

Then the guy takes off his trousers, and on his leg he has a tattoo that says NIKE.

“What's that?” the guy asks.

“Just like the Reebok tattoo. Nike pays me whenever this tattoo is seen on TV.”

Then the guy drops his underwear and on his penis is a tattoo that says, AIDS.

The guy screams, “Don't tell me you have AIDS!”

The Rugby player says, “No, no. Calm down! It will say ADIDAS in a couple of minutes.”

Thanks to the Seattle Prime Timers

The Dinners at the *View on the Hill* have become totally Prime Timer events, so we have decided to list them in the monthly calendar.

May 2010

Sun Mon Tue Wed Thu Fri Sat

					Apr 30 Dinner at The View 6:00 p.m.	1 Movie Nite Dave & Roger 7:00 p.m.
2	3	4	5	6	7 Semi-annual Meeting & Dinner at The View 5:00 p.m.,	8
9	10	11	12	13	14 Dinner at The View 6:00 p.m.	15 Breakfast at Out of Bolunds 9:00 a.m.
16	17	18	19	20	21 Semi Annual Meeting at the View 6:00. Dinner Afterward.	22
23	24	25	26	27	28 Dinner at The View 6:00 p.m.	29
30 Picnic at Washington Pk. 5:00 Symphony Concert 7:00	31					

The Lighter Side



Graffiti

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- Rule of thumb: if it has tyres or testicles, you're going to have a problem with it.
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- Save the whales - collect the whole set.
-
- On the Science Department toilet paper dispenser:* Pull here for Arts degrees.
-
- In the Modern Languages Department:* mi cubicle es su cubicle.
-
- On a hand dryer:* Push for a message from your member of parliament.
-
- At the bottom of a cubicle door:* Beware of limbo dancers.
-
- A closed mind is a wonderful thing to lose.
-
- Apathy rul...
-
- At a railway station:* change is inevitable - except from this vending machine.

Thanks to Vintage Men of Melbourne, Australia

FUNDRAISER FOR KDPT AND KCFD

May 15, 2010

OUTABOUNDS

3601 Broadway, KC, MO

Join Show Me Pride and OutaBounds as we salute the KCPD and KCFD for all they do for our community. With a family friendly breakfast (all ages included), we host a breakfast honoring our own forces here in Kansas City.

A special presentation to one officer who, for so many years, dedicated himself to our festival and keeping our community safe.

\$5.00 donation for breakfast, drink specials, and a good time promises to be the order for the morning!